



Make Your Own Homemade Organic/Non-GMO Chicken Feed

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Basic Recipe

Wheat, plain or sprouted (5 cups) (30 oz unsprouted)

Peas*, plain or sprouted (2.5 cups) (16.5 oz)

Oats (2.5 cups) (12 oz)

Sunflower Seeds or Sesame Seeds (1/4 cup) (0.8 oz)

Mealworms (1/2 cup) (0.8 oz)

Kelp (2 tbsp optional)

Mix together in a container. Total yield: 4 pounds using unsprouted seed

Feeds four chickens.

*You can also substitute lentils.

Basic Recipe, Barley Substitution

Barley (5 cups)

Peas (2.5 cups)

Oats (2.5 cups)

Sunflower Seeds or Sesame Seeds (2 tablespoons)

Mealworms (1/2 cup)

Kelp (2 tbsp, optional)

Mix together in a container. Feeds four chickens.

Basic Recipe, Without Peas

Since non-GMO peas can be expensive and difficult to obtain for some readers, here's the basic recipe without the peas.

More wheat is added to keep the necessary amount of protein.

Wheat (8 cups)

Oats (2.5 cups)

Sunflower Seeds or Sesame Seeds (2 tablespoons)

Mealworms (1/2 cup)

Kelp (1/4 cup)

Mix together in a container. Feeds four chickens.

Basic Recipe Without Oats

Oats can be expensive, so some readers might prefer to try ground bran, which can be purchased at some feed stores in 50 lbs bags. Just make sure to store it air tight so insects and rodents can't get into it. It's very, very high in fiber, so the amount is reduced.

Wheat (5 cups)

Peas (2.5 cups)

Ground bran (1 cup)

Sunflower Seeds (2 tablespoons)

Mealworms (1/2 cup)

Kelp (2 tbsp, optional)

Mix together in a container. Feeds four chickens.